

Note

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When *Idioti* (Idiotic) Becomes “Fluffy”: Translation Students and the Avoidance of Target-language Cognates

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RÉSUMÉ

La traduction des vrais et des faux amis n'est ni simple ni évidente. Un mot paraissant être un vrai ami pouvant se révéler un faux ami et le rapport existant entre un vrai et un faux ami étant parfois flou, les traducteurs et les étudiants en traduction tentent de limiter les risques et recherchent des solutions de traductions sans avoir recours aux vrais amis, même lorsque leur usage va de soi. La présente étude cherche, d'une part, à confirmer que les étudiants évitent l'emploi de vrais amis même lorsqu'ils seraient judicieux et appropriés et, d'autre part, à explorer la possibilité que ce phénomène serait lié à la crainte de l'utilisation de faux amis. Les résultats confirment que les étudiants tendent à éviter les vrais amis et que le degré de pertinence quant à l'utilisation des vrais amis est corrélé à celui qui est observé dans le cas des faux amis.

ABSTRACT

Cognate translation is neither a simple nor a straightforward matter. Given the risk that a word that appears to be a true cognate may actually be a false cognate, and given the sometimes fuzzy boundary between true and false cognates, translators and translation students have been shown to “play it safe” by casting around for noncognate translations for true cognates, rather than choose the obvious cognate translation. Here we ask whether translation students avoid cognate translations even when the target-language cognate is both accurate and appropriate and whether this phenomenon is related to fear of false friends. The findings indicate that translation students do seek out noncognate translations and that performance on true cognates correlates with performance on false cognates.

MOTS-CLÉS/KEYWORDS

vrais amis, faux amis, étudiants en traduction
true cognates, false cognates, translation students

1. Introduction

The transition from amateur to professional translation entails numerous changes in both process and product. As a rule, beginning translators will adopt a linguistically rather than a communicatively oriented strategy (Tirkkonen-Condit 1996: 252); cleave to the wording of the source text (Bastin 2000: 239); experience difficulty with lexicalization (Shlesinger 1992); and create texts with a source-based distribution of

explicit cohesive markers (Blum-Kulka 1986: 20). With experience, changes occur in these areas as well as, *inter alia*, the degree of control over interference (Presas 2000: 27); sensitivity to the target audience (Fraser 1993: 330); and the use of reference works (Jääskeläinen 1989a; Jensen 1999: 113).

With growing professionalism, some aspects of the translation process become automatized (Börsch 1986: 207; Toury 1992: 69), and therefore require less effort; this, however, is counterbalanced by a heightened sensitivity to potential translational problems (Jääskeläinen and Tirkkonen-Condit 1991: 105) and ever-higher standards (Gerloff 1988: ix-x). As they make their way through their studies, translation students adopt a new attitude towards the act of translation itself, characterized by a growing appreciation of the complexity of the translation process (Krouglov 1996: 84).

One area in which this new attitude is expressed is the translation of cognates.¹ In the laboratory, bilinguals translate cognates more quickly than noncognates (Murray 1986; de Groot *et al.* 1994; Kroll and Stewart 1994), and more accurately as well (Sánchez-Casas *et al.* 1992; Hancin-Bhatt and Nagy 1994; de Groot and Poot 1997). Professional translators, however, attest to the difficulty attendant in translating cognates, and research in Translation Studies has shown that translation students and professional translators do not automatically translate a cognate with a cognate.

2. The translation of cognates

Crystal (1997: 67) defines “cognate” as “a language or *linguistic form* which is historically derived from the same source as another language/form.” While some linguists espouse the traditional etymologically based definition of a cognate, Carroll (1992: 102) maintains that from the psycholinguistic perspective, the shared history of cognates is irrelevant: “Words do not wear their historical origins on their sleeves. Etymological information is not part of the information normally encoded in the (linguistic) lexical entry of a word.”

Cognates are thought to fall into two categories – true cognates, which share both sound and meaning, and false cognates, which share sound but not meaning. The distinction between true and false cognates is, however, often blurred. According to Browne (1982: 5), cognates really fall along a continuum, from “*vrais amis*,” which have almost complete overlap, to “*faux amis*” with none.

The translation of false cognates is a “traditionally notorious aspect of translation” (Sabaté-Carrové and Chesševnar 1998: 58). There is a risk that the translator will mistake a false cognate for a true one, and thus make a serious (and embarrassing) error. Although especially beguiling to novice translators (Bastin 2000: 236; Presas 2000: 26), false cognates can be problematic for anyone (Topalova 1996: 215). False cognates are not limited to any particular field, and even occur in technical language (Newmark 1996: 57).

Given the risk that a word that appears to be a true cognate may actually be a false cognate, and given the sometimes fuzzy boundary between true and false cognates, translators have been shown to “play it safe” by casting around for noncognate translations for true cognates, rather than choose the obvious cognate translation (Kussmaul 1995: 17-18; Kussmaul and Tirkkonen-Condit 1995: 187; Gile 1995: 218). Interpreters as well are often leery of cognates (Gernsbacher and Shlesinger 1997: 137; de Bot 2000: 77-8; Shlesinger 2000: 115).

The underlying assumption in these studies is that the source language (SL) cognate has a ready-made translation solution in the target language (TL). When translators or interpreters encounter a cognate, the first option to come to mind is the ready-made solution, the TL cognate; should it be found lacking, for whatever reason, they will then search for other options. Put differently, the obvious translation is the cognate; the noncognate solution is selected only after the cognate has been considered and rejected.

Apart from the risk of mistaking a false cognate for a true cognate, there can be compelling reasons for not choosing to translate a cognate with a cognate. Two languages rarely have exact lexical matches (Seleskovitch 1978: 338; de Groot and Comijs 1995: 470), so rarely that Rabadán (1991: 39) maintains that "the chances of finding perfectly symmetrical correspondents depend on sheer coincidence." Even seemingly reliable translation equivalents – cognates being a case in point – can have a much more complicated relationship than meets the eye (Partington 1995: 102).

According to Rabassa (1989: 4), the translator working from Spanish into English "must know that *tigre* can mean 'tiger' in English only when the creature is a denizen of the Old World. When a *tigre* turns up in Venezuela, it must perforce be rendered as 'jaguar.'" Viaggio (1991: 176) argues that when "To be or not to be, that is the question" is translated into Spanish, the translator should preferably spurn the obvious choice, the cognate *cuestión*, in favor of another English-Spanish cognate, *dilema*.

Rabassa (1989) is concerned that the referent of the original Spanish text be accurately rendered in the English translation, and Viaggio (1991) is interested in reproducing the semantics and rhythm of the original. The translation of cognates is complicated by other considerations as well, including differences in frequency (Nagy *et al.* 1992: 2; Meara 1993: 284), varying degrees of polysemy (Viberg 1999), register differences (Alter 2002: 11), dissimilar metaphorical extensions (Chamizo Domínguez and Nerlich 2002: 1839), syntactical restrictions (Fusco 1990: 93), grid-ding differences (Aitchison 1996: 18; Séguinot 1997: 115), and the wealth of associations evoked by the SL or TL cognate (Wallerstein 1996: 114-115; Santos Maldonado 1997: 94).

The translation of ST cognates borrowed from the target language is particularly fraught. Loan words lend a certain sophistication or prestige to the text (Baker 1992: 25; Barbe 1997: 147), and this quality is, of course, lost when the loan word is translated back into the lending language. Eco (2001: 47) speaks for the professional translator when he writes: "I feel that in a translation from French it is necessary to avoid using Gallicisms, just as it is necessary to avoid Anglicisms in a translation from English."

In short, the translation of cognates is neither simple nor straightforward. While sometimes the translator might spurn the TL cognate out of fear of false cognates, other times the decision to search for a noncognate synonym is based on bona fide differences between the source and target languages. Two studies which address cognate translation – Gerloff (1988) and Séguinot (1990) – indicate that translation students and translators do not adopt a thought-through policy towards cognates, but instead operate on a case-by-case basis.

Gerloff (1988) compares the approach of language students, bilinguals, and professionals to three cognates in her French text. While three of the four translators and two of the four bilinguals translated *diversifiée* with the cognate "diversified,"

only one of the students did. The situation was very different regarding *fausses*, where “false” was chosen by three of the four students but none of the bilinguals or translators. A third cognate generated more variation than either *diversifiée* or *fausses*. Séguinot (1990: 72) found that translation of cognates was subject to change over time, and not necessarily for the better. Regarding one subject, she remarks: “The Anglophone student translates words like *particulier* and *bistro* appropriately in first year, but translates incorrectly, clearly influenced by the words in the source text in her last year.”

While the texts administered by Gerloff and Séguinot contained cognates, cognate translation is a secondary concern for these scholars. The present study is unusual in that the translation of cognates is its primary focus. We ask two questions: Do translation students seek out noncognate solutions for ST cognates? Is there a relationship between the indirect translation of true cognates and awareness of false cognates?

3. Method

3.1. Subjects

The subjects (N=15) were translation students at Beit Berl College in Israel. Beit Berl offers a two-year translation program, with 10 academic hours of instruction per week and 27 weeks of classes per year. At the time of administration, the students were midway through the program, having completed one year (270 hours) of studies.

When they were accepted to the program, most of the subjects held a B.A. and some an M.A.; the others were high-school graduates with some higher education but no university degree. The subjects ranged in age from their mid-twenties to their mid-sixties. Eleven were female and four male. All were native English speakers, here translating from Hebrew into their mother tongue. The students did not receive course credit or any financial remuneration for their participation.

3.2. Materials

Once we jettison the etymological definition of a cognate in favor of a psycholinguistic one, we must then determine which words we consider to be cognates, a complicated task in its own right.² Although researchers are divided as to how closely two words must resemble each another in order to be considered cognate (Dijkstra *et al.* 1999: 500), the general consensus is that cognates “share aspects of both form and meaning across languages” (Kroll and de Groot 1977: 173).

With regard to Hebrew and English, the languages of this study, so many Hebrew-English cognates began life in English that Gollan *et al.* (1997: 1123) maintain they should more accurately be called loan words. Although the new Hebrew word has a distinct similarity to its English cognate, it will have typical Hebrew phonology, morphology, and orthography, e.g. the English “television/s” becomes the Hebrew *televizyalot* and the English “modern” becomes the Hebrew *moderni/t/im/ot*. We have employed the criterion of phonological similarity in determining cognate status.

This experiment is based on a 340-word Hebrew text containing 44 true and 12 false cognates. However, since one of the true cognates appears twice, once in the first paragraph and once in the last, for purposes of data analysis we considered the text to have 45 true cognates. Because the vast majority of Hebrew-English cognates are nouns and adjectives, the cognates in the text are all either nouns or adjectives.

This text was first written in English and then translated into Hebrew. All of the cognates in the Hebrew text were present in cognate form in the original English; therefore, when this text was backtranslated into English by the subjects, each Hebrew cognate could be translated accurately and appropriately using the English cognate. The significance of this feature is discussed below.

Apart from the presence of the cognates, we had three other guidelines in composing the text: (a) it should not be obvious that we were interested in translation of the cognates; (b) for purposes of face validity, it should closely approximate an authentic Hebrew text; and (c) it should take the students no more than two hours to translate.

To distract the subjects from the presence of cognates, the text contains numerous references to Israeli culture, e.g., two typical Middle Eastern foods, the now-obsolete Israeli phone token, and two well-known Israeli authors. In light of the fact that the translation brief instructs the subjects to translate the text as if it were to be published in the *New York Times*,³ the culturally based references require the translator to decide how much information must be added to best serve the needs of the target audience. It was our expectation that the cultural references would suffice to distract the subjects from the cognates in the text, and indeed in discussions of the text conducted after the experiment, not one subject commented on the presence of the cognates.

As for the second criterion, that the text should sound authentic, the text has the content and structure of a typical Op-Ed published in the Hebrew press. It was examined by three native Hebrew speakers who pronounced it acceptable. Third, we estimated that this text would take between one and two hours to translate. Because there is evidence that asking a subject to translate an extract rather than a whole text can give rise to problems in both comprehension and translation (Tirkkonen-Condit 1986: 95-96), we chose to have the subjects translate one text in its entirety rather than short excerpts from several texts.

3.3. Procedure

3.3.1. Administration

Ideally, translation tests should replicate the normal working environment of the translator (Séguinot 1997: 106). Since these translation students typically work at home on a computer and have free access to reference works, the subjects were asked to translate the text on their home computers and had permission to consult any printed or on-line resources of their choice.

The subjects received the Hebrew text by e-mail with instructions to submit their translations two weeks later. At that time, the translations were collected, and the students were instructed to delete their initial translation from their computers, and to translate the text again from scratch. This time too they were given two weeks to complete the translation. There was no way to guarantee that the subjects did not consult their first translation when they produced their second.

A comparison of the translations from the first and second administrations (below, Administration A and Administration B, respectively) showed that fourteen of the fifteen subjects had produced a second translation that differed both in syntax and in word choice from their first version. One subject, however, submitted a second version that was almost identical to his first. Because we considered the two administrations to be an important feature of our experimental design, we disregarded both of the translations submitted by this subject. All of our data analysis was then based on the twenty-eight translations submitted by the other fourteen subjects.

We coded both sets of data, determining whether the cognates in the ST were translated in cognate or noncognate form. Once we reject the etymological definition of a cognate in favor of a psycholinguistic one, we are forced to formulate a policy for determining which words we consider as cognates. In coding the data, we observed the following three principles:

- (1) Each of the true cognates in the Hebrew text has a ready-made equivalent in English. If the subject chose a word that was similar but not identical to the closest English equivalent, e.g., “reformation” instead of “reform” for the Hebrew *reforma*, we considered the translation to be noncognate. The underlying assumption here is that the first solution that comes to mind is the one closest to the Hebrew, and that any other translation – even an etymologically related one – is evidence of further processing, i.e., evidence that the ready-made equivalent was considered and rejected.
- (2) When the subject chose to translate a true cognate into a cognate form but changed the part of speech, we considered the translation to be a cognate. Translation students are encouraged to make their text conform to the norms of TL syntax and usage, and this often includes changing parts of speech.
- (3) To correctly translate a false cognate, the subject must translate the word by meaning and not by sound. In many cases, the subjects translated the false cognate by sound, but then added a word or words to the translation, e.g., the Hebrew *academai* (college graduate) became the English “with academic training.” When this happened, we considered the translation to be correct, based on the rationale that the additional words are evidence that the subject recognized that the Hebrew word was a false cognate.

One of the words in the text, *chips* (French fries), is a true cognate in British English and a false cognate in American English. Because the brief instructs the students to translate the text as if it were to appear in the *New York Times*, an American newspaper, “chips” was considered a false cognate.

3.3.2. Reliability and validity

According to Campbell (1998), the traditional methods of measuring reliability are problematic for text translation. Although Campbell’s remarks are addressed to accreditation testing, his arguments are equally compelling with regard to empirical research in translation. The equivalent-forms method is flawed since by definition no texts are truly equivalent; test-retest opens the door to the possibility that the subject will have gained experience in the interim between the two tests, or that in the second administration s/he will apply lessons learned during the first; split-halves require that the text be divided into arbitrary units, with the easier chunks of text rendering the test highly redundant, and the numerous target versions making assessment very difficult. Campbell concludes that “the only recourse is to judgements of inter-marker reliability” (1998: 172).

With Campbell's comments in mind, we felt it especially important to have an experimental design which would guarantee high inter-rater reliability. Our interest in cognate status, rather than in less-easily-quantified qualities such as syntax or equivalence, allowed us to design a simple and reliable rating process. Three Hebrew-English bilinguals were asked to perform two tasks: to pick out the English translations of the Hebrew cognates from the translated texts and to determine whether the cognates were translated in cognate or noncognate form.

We measured inter-rater reliability by having three translations coded by each of three raters. The three translations were chosen to represent the range of translations received: One had the most cognates translated in noncognate form, one had the fewest, and the third was about average. Each of the raters was given a copy of the three translations, an instruction sheet setting out the rating procedure, and three copies of the rating forms. After the raters had carefully read the instruction sheet, they were instructed in the principles we had established for determining cognate status, as set out above.

Since the Hebrew text contains 57 true and false cognates, the two rating forms together have 57 items, and the six rating forms (two per subject for each of three subjects) contain a total of 171 items. We considered 171 items rated by three different raters sufficient to calculate inter-rater reliability. In 166 cases, all three raters identified the same English word or words as the translation of the Hebrew cognate and all three entered the English word or words in the same column of the rating form. Inter-rater reliability is therefore 97%.

Campbell (1998: 173-175) is as pessimistic about validity as he is about reliability, and finds problems with concurrent, predictive, ecological, and construct validity. To summarize his arguments: concurrent validity is difficult to judge; predictive validity is a factor of the test conditions and the specific texts; ecological validity presupposes that the texts translated will provide a global view of the candidate's ability, which they very well might not; and construct validity is problematic because translation tests are not based on an explicit theory. Campbell maintains that translation tests will have face validity provided they meet two conditions: the environment is similar to the subject's usual working environment and the texts are representative of those the subject generally translates. Both are true in our case.

As set out in Procedure, our experimental design calls for two separate administrations of the same text. Our methodology differs from the conventional test-retest in that we are not interested in assessing ability but in examining which textual elements remain from the first administration to the second and which change.

4. Findings

4.1. Do translation students seek out noncognate solutions for ST cognates?

The data below are analyzed by subject, by cognate, and by administration.

4.1.1. By subject

Thirteen of the fourteen subjects indirectly translated at least one of the 45 true cognates present in the Hebrew text. Table 1 presents the number of noncognate equivalents produced by the subjects in each administration.

TABLE 1

True cognates indirectly translated, by subject

Subject	Administration	Administration	Administrations
	A	B	A + B
A	13	12	25
B	13	11	24
C	9	13	22
D	11	8	19
E	6	11	17
F	5	7	12
G	3	5	8
H	4	4	8
I	2	5	7
J	1	4	5
K	1	3	4
L	1	3	4
M	1	1	2
N	0	0	0
Total	70	87	157
Mean	5	6.2	5.6
SD	4.7	4.2	8.6

While every subject but one translated at least one cognate into a noncognate form, there is a great deal of variation in the number of noncognate solutions that were produced. Although the subjects do not fall into clear-cut groups, the data suggest that some students seek out noncognate solutions, others do not, and members of a third group generally choose cognate solutions but will on occasion opt for the noncognate. It should be noted, however, that even those students who most often indirectly translated the cognate produced almost three times more cognate solutions than noncognate solutions in their translations.

4.1.2. By cognate

When we analyze the data by cognate rather than by subject, we find that 34 of the 45 true cognates in the Hebrew text were translated into a noncognate form by at least one subject in one administration. Put differently, three-quarters of the true cognates in the text generated one or more noncognate equivalents.

TABLE 2

True cognates and their noncognate translations, by cognate (in order of appearance in the text)

English equivalent for the Hebrew cognate	Administration A	Administration B
Anecdote	Story (2), instance, tale	Story (3), example (2), tale (2), account
Student	—	—
Semester	Term	Term (2)
Professors	Lecturers (2)	Lecturers, teacher
Projects	—	Nuts to crack
Reform	Change	Improvement, reformation
Elite (n.)	Upper-classes (2), privileged, wealthy, well-to-do	Rich (2), affluent, economically advantaged, privileged, upper classes, wealthy

Exclusive	Choice, expensive, up-market	Well-off
Television	TV (3)	—
Digital	—	—
Norm	Usually, there is barely	Average, standard, usually
Media	Multimedia (2)	Multimedia (3)
Trivial	Unimportant (2), insignificant	Inconsequential, minor, insignificant
Campus	School grounds	School grounds (2)
Theory	Conventional wisdom	Conventional wisdom
Dramatic	—	Significant (2)
Absurd	—	Incomprehensible
Technological	—	—
Optimal	Ideal (adj.) (2), ideal (n.) (2), ideally (2)	Ideal (adj.) (2), should be the case (2), ideally, more beneficial, should be true, what we are striving for
Ideology	—	—
Patriotism	Identity	National identity, nationalism
Pragmatic	Practical (3)	Practical
Relevant	—	—
Dynamic (n.)	Attitude, force, mode, school of thought, trend	Approach (2), attitude, force, way of thinking
University	College (3)	College (2)
Statistically	Significant, steep	Increasingly, significant
Practical	—	—
Philosophy	—	—
Model	—	Approach
Ideal	—	Principles
Classical	—	—
Apropos	As far as, as regards, like that, speaking of, talking of, while on the subject of	Speaking of (2), as far as, just as, not only, talking about, talking of, while on the subject of
Drastically	Acute, dramatically, far less, much less, seriously	Almost completely, dramatically
Popularity	Ubiquitous	Fashion, prominent
Ironic	Cynical	—
Tragic	Sad, strange	Cynical, sad
Diet	—	Plate
Hamburger	—	Big Mac Happy Meal
Milkshake	—	—
T-shirt	—	—
Humor	Wit	Writings
Idiotic	Lightweight, mindless, ridiculous, trashy	Silly (2), fluffy, inane, mindless, ridiculous, trashy
Political	—	—
Students	—	Pupils and students, university students
Diploma	Degree (2)	Degree
Total noncognate solutions	70	87

The Hebrew text contained 45 true cognates, and the subjects produced a total of 157 noncognate solutions out of a possible 630. The majority of cognates, then, were translated directly, which dovetails with the fact that every subject translated more cognates directly than indirectly. Nonetheless, the avoidance of cognate

equivalents is not an isolated phenomenon, limited to one subject or one cognate: 34 out of 45 cognates were indirectly translated at least once.

Like the by-subject analysis, the by-cognate analysis shows considerable variation. In the two administrations, the Hebrew for “apropos” and “optimal” were translated in noncognate form a total of fourteen times each, both in a number of different ways, while other cognates generated no noncognate equivalents whatsoever.

4.1.3. By administration

Table 3, below, presents the noncognate solutions proposed by each subject. Words that were translated in cognate form in one administration and in noncognate form in the other are underlined. The 20 words that were translated in noncognate form in both administrations, but differently, are italicized for Administration B.

TABLE 3

True cognates in noncognate form, by subject

Subject	Administration A: True cognates in noncognate form	Administration B: True cognates in noncognate form
A	Instance, upper classes, expensive, school grounds, ideal, identity, <u>trend</u> , college, as far as, far less, ubiquitous, cynical, <u>sad</u>	Example, <i>economically advantaged</i> , <i>well-off</i> , school grounds, <u>significant</u> , ideal, <i>national identity</i> , college, <u>approach</u> , <i>not only</i> , <i>prominent</i> , cynical
B	Term, lecturers, <u>upper-classes</u> , <u>usually</u> , multi-media, unimportant, ideally, <u>practical</u> , attitude, <u>steep</u> , as regards, much less, lightweight	Term, <i>teacher</i> , <u>improvement</u> , <i>rich</i> , multi-media, <i>minor</i> , ideally, attitude, <i>talking about</i> , <i>almost completely</i> , <i>silly</i>
C	<u>Change</u> , <u>multimedia</u> , insignificant, ideal, practical, school of thought, <u>college</u> , significant, seriously	Story, term, <i>rich</i> , <u>usually</u> , insignificant, <u>school grounds</u> , <u>significant</u> , ideal, practical, <i>way of thinking</i> , <u>increasingly</u> , <u>writings</u> , <u>university students</u>
D	Story, lecturers, well-to-do, <u>upmarket</u> , <u>TV</u> , there is barely, conventional wisdom, colleges, talking of, strange, mindless	Story, lecturers, <i>upper classes</i> , <i>standard</i> , conventional wisdom, talking of, mindless, <u>pupils and students</u>
E	Choice, ideal, mode, like that, <u>acute</u> , <u>wit</u>	Nuts to crack, reformation, average, <i>inconsequential</i> , <i>more beneficial</i> , <i>approach</i> , <u>principles</u> , <i>just as</i> , <u>plate</u> , <u>Big Mac</u> Happy Meal, <u>inane</u>
F	TVs, force, speaking of, dramatically, ridiculous	<u>Account</u> , <u>affluent</u> , <u>incomprehensible</u> , force, speaking of, dramatically, ridiculous
G	Tale, privileged, trashy	Tale, privileged, <u>multi-media</u> , <u>sad</u> , trashy
H	<u>TVs</u> , <u>unimportant</u> , ideally, practical	<u>Example</u> , <i>should be the case</i> , <u>approach</u> , <u>fluffy</u>
I	Story, <u>degree</u>	<i>Tale</i> , <u>multi-media</u> , <i>should be true</i> , <u>nationalism</u> , <u>colleges</u>
J	Ideal	<i>Story</i> , <i>What we are striving for</i> , <u>as far as</u> , <u>degree</u>
K	While on the subject of	<u>Significant</u> , while on the subject of, <u>fashion</u>

L	Wealthy	Wealthy, <u>speaking of</u> , <u>silly</u>
M	<u>Degree</u>	Should be the case
N	—	—
Total	70	87

Underlined: Words translated in cognate form in one administration and in noncognate form in the other.

Italics (Administration B only): Words translated with a different noncognate synonym on each administration.

The subjects were more likely to choose noncognate synonyms when they translated the ST for the second time. The first set of translations contains an average of 5 noncognate equivalents, and the second set an average of 6.2. Along with this, 26 different cognates were translated at least once in noncognate form on the first administration and 32 on the second. There were also changes in how the subjects chose to translate the cognates. In twenty cases a subject proposed one noncognate solution for a certain Hebrew cognate in Administration A and a different noncognate solution in Administration B. Like other words, cognates can be and are translated in any number of different ways.

As presented above, it is a given that there are few perfect lexical matches, even for cognates. We would therefore expect the translator to look for noncognate alternatives when the cognate solution was inappropriate because of register, gridding, collocational restrictions, or any other reason. Our subjects, however, searched for noncognate equivalents even when the English cognate would have been perfectly acceptable. As discussed in the Materials section, all 45 true cognates in the Hebrew text could correctly and appropriately be translated into English in cognate form. Our subjects rejected the ready-made, correct cognate solution in favor of a variety of noncognate translations.

Not only did they reject the ready-made solution, almost across the board their noncognate equivalents were less accurate than the cognate would have been. For the Hebrew *tragi* (tragic), for example, the subjects proposed three noncognate translations – sad, strange, and cynical – none of which completely captures the meaning of “tragic.” There are a few exceptions to this rule, where the noncognate solutions have a denotation very similar to that of the cognate, such as “degree” for *diploma* (diploma). In certain isolated cases, the noncognate translations add a flavor to the text that the cognate would not have, e.g., one subject translated *hamburger* (hamburger) as “Big Mac Happy Meal.”

4.2. Is there a relationship between the indirect translation of true cognates and awareness of false cognates?

It has been suggested in the literature that translation students and professional translators avoid the direct translation of the cognate out of fear of false cognates. Indeed, our data indicates that those subjects who avoided the direct translation of true cognates made fewer errors on false cognates than those subjects who generally replaced a cognate with a cognate. Table 4 compares the number of times each subject indirectly translated true cognates with the number of times this subject mistranslated false cognates.

TABLE 4

Comparison of true cognates translated in noncognate form with mistranslations of false cognates, by subject and administration

Subject	Noncognate solutions: Administration A	Mistranslated false cognates: Administration A	Noncognate solutions: Administration B	Mistranslated false cognates: Administration B
A	13	1	12	1
B	13	3	11	2
C	9	0	13	0
D	11	1	8	2
E	6	0	11	0
F	5	3	7	2
G	3	3	5	2
H	4	5	4	4
I	2	2	5	1
J	1	5	4	4
K	1	5	3	5
L	1	4	3	4
M	1	3	1	4
N	0	5	0	4
Total	70	40	87	35
Pearson's correlation	-0.6462		-0.8385	

The Pearson's correlation for the first administration is -0.6462; the correlation for the second administration is a stronger -0.8385; and the correlation for the two administrations together is -0.7357. The inverse relationship between the number of noncognate solutions and the number of mistranslated false cognates is particularly marked in Administration B, when the subjects, familiar with the text, produced more noncognate translations of true cognates (87 as opposed to 70) and performed somewhat better on the false cognates (35 mistranslated false cognates as opposed to 40).

There is, then, a correlation between performance on false cognates and the use of noncognate forms. While this does not necessarily point to fear of false cognates, it does indicate that the subjects who are aware of the risk of false cognates and successfully translate false cognates by meaning rather than by sound are more likely to seek out noncognate translations for true cognates than are those students who mistranslate false cognates.

4.3. *Post hoc findings*

While it was not the purpose of this study to examine how the subjects handled false cognates, the findings in this regard merit special mention. Our data confirms that false cognates pose "significant obstacles" to the translator (Topalova 1996: 215). Twelve out of fourteen subjects mistranslated at least one false cognate on both administrations, and the majority mistranslated several.

Even though the subjects were aware that the Hebrew text contained false cognates – as evidenced by the fact that they correctly translated most of the false cognates in the text – few subjects were unable to ferret out and correctly translate all twelve false cognates.

5. Discussion

Researchers argue that translation students and professional translators alike seek out noncognate equivalents for ST cognates, motivated, at least in part, by fear of false cognates. Our results confirm that translation students will at times reject the direct translation of the cognate in favor of a noncognate equivalent and that the subjects who made the most strenuous efforts to avoid cognate equivalents were also those who were the most successful at correctly translating false cognates. This said, there was a good deal of variation in the data – variation from subject to subject, cognate to cognate, and administration to administration.

Although we did not investigate what motivated these students to translate the cognate indirectly, based on the correlation between noncognate translations of true cognates and performance on false cognates, we see our results as potentially supporting the thesis put forth by Gile (1995), Kussmaul (1995), and Kussmaul and Tirkkonen-Condit (1995) that there is a relationship between the search for noncognate solutions and the fear of false cognates.

After having spent a year in the classroom, our subjects are well-enough versed in translation theory to know that the cognate translation is certainly not the only option, and not necessarily the best option. At the same time, they are not yet secure enough and professional enough to choose the cognate solution when it is indeed appropriate. We regard their performance here as support for Toury (1992: 68) and Livbjerg and Mees (1999: 145-146), among others, who maintain that translation students are plagued by insecurity. In most cases, the cognate translation would have been as good as (if not better than) the noncognate synonyms proposed by the translation students.

The data shows that translation students do avoid cognate translations – some students more than others – and that the avoidance of cognate translations correlates with performance on false cognates. We have not yet resolved the question of why translation students seek out noncognate synonyms when TL cognates are available. To do so will require the use of think-aloud protocols, Translog word-processing software, or interviews. From the present study, it seems likely that cognizance of the complexities of professional translation goes hand-in-hand with fear of false cognates. Anxious to produce the best possible translation and loath to mistake a false cognate for a true cognate, the translation student looks beyond the obvious cognate translation to noncognate synonyms. This is particularly true when the subjects are more familiar with the ST.

Cognates provide a reliable and easily quantifiable tool for future research. How translation students and professional translators choose to translate cognates can be seen as a reflection not of only their attitude towards cognates but of their attitude towards the entire enterprise of translation.

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NOTES

1. Below the term “cognate” refers to true cognates; false cognates are referred to as such. We speak of “direct translation” or “cognate solution” when the ST cognate is translated with a cognate in

- the TT and “indirect translation” or “noncognate solution” when the translator chooses a noncognate equivalent.
2. See, for example, Kroll and Stewart (1994) regarding Dutch-English cognates, Santos Maldonado (1997) regarding Spanish-English cognates, and Goodrich (1977) regarding Arabic-English false cognates.
 3. For the role of the translation brief, see Fraser (2000: 53) and Jääskeläinen (1989b: 89). The presence of the brief is particularly important in this case, given that the text draws heavily on Israeli politics and culture.

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