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Making connections Créer des liens

Stephanie McCann

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Making connections

Créer des liens

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To say the brain is essential to the survival of humans would be more than an understatement. The brain is the traffic director of our thoughts, the switchboard that determines who we are, and a reservoir of electricity that keeps us alive. From waking to working to whining, the brain is behind it all. Our brain is working overtime constantly, but it's not always busy keeping us going during countless hours of studying or spending the day trying to solve the world's problems. The brain helps us do everything, big or small. Sometimes it's the simplest connections that our brain makes that lead to the greatest outcomes, like the first time we make eye contact with someone and say "hello."