

## Research Trends in Mobile Learning

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[See table of contents](#)

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Article abstract

A total of 1023 selected articles published in 2016–2019 related to mobile learning were examined and classified according to the categories in this research: 40% of these articles used quantitative approaches, 18% of them used mixed, and 13% of them were literature reviews. The published studies were analyzed according to research model, sample size, sample level, learning fields, subject-area classification, data collection tool, data analysis technique, dependent variable, independent variable, mobile device, number of authors, and publication year. The findings were analyzed and interpreted as a percentage and frequency. This research will be useful for reviewing current research trends related to mobile learning studies, indicating potential research on the topics, and revealing the needs of the field.

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## Research Trends in Mobile Learning

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### Abstract

A total of 1023 selected articles published in 2016–2019 related to mobile learning were examined and classified according to the categories in this research: 40% of these articles used quantitative approaches, 18% of them used mixed, and 13% of them were literature reviews. The published studies were analyzed according to research model, sample size, sample level, learning fields, subject-area classification, data collection tool, data analysis technique, dependent variable, independent variable, mobile device, number of authors, and publication year. The findings were analyzed and interpreted as a percentage and frequency. This research will be useful for reviewing current research trends related to mobile learning studies, indicating potential research on the topics, and revealing the needs of the field.

*Keywords:* mobile learning, m-learning, trend analysis, research trends, distance education

## Research Trends in Mobile Learning

Open and distance learning (ODL) has become indispensable in educational environments because of its flexible learning method, the opportunities it gives students to study at their own pace, independent of time and place, and its evaluation opportunities (Towobola & Raimi, 2011). ODL in digital environments provides individuals with the opportunity to access course content whenever and wherever they want (Yüksekdağ, 2016). In addition, its collaborative and participatory features offer a learning-centered process. As these digital environments become mobile compatible, mobile devices are also involved in the learning process. The ability to structure information regardless of location and time has made mobile learning (m-learning) a significant learning vision.

Many studies have revealed the effectiveness, efficiency, and superiority of m-learning. These include studies on its use in medicine (Chase et al., 2018; Lin & Lin, 2016; Nerminathan, Harrison, Phelps, Scott, & Alexander, 2017); in language learning (Alkhezzi & Al-Dousari, 2016; Chinnery, 2006; Klímová, 2018); in special education (Judge, Floyd, & Jeffs, 2015; Karanfiller, Yurtkan, Rüştioğlu, & Göksu, 2018); and in the learning of motor skills (Hung, Shwu-Ching Young, & Lin, 2018); as well as research on the different age groups in different areas and the effects on academic achievement, attitude, motivation, and interaction. These studies have discussed m-learning in different research patterns through variables. By compiling m-learning studies up to the present that have been carried out independently in various cultural environments and depending on emerging technological developments, this study will contribute to the literature by revealing the current situation and determining the research gaps.

### Mobile Learning

Beyond using portable technology and devices in learning environments and focusing on students' mobility, m-learning offers a variety of opportunities to educational theory and practice (Al-Adwan, Al-Madadha, & Zvirzdinaite, 2018). Changes in understanding of access to information, communication, and cooperation have created a new generation of students who can create their own learning context by interacting with each other and their environments in the real and virtual worlds (Al-Adwan et al., 2018). In addition to student roles that can access the information resources they need at any time, question the correctness of the information they reach, produce, and share in collaboration, learn at their own pace and evaluate their own learning. The roles of the teachers that contribute to the motivation of the students, facilitate the process, and are open to learning together with the students are considerable (Özdamlı & Çavuş, 2011). In the place of predetermined classes with limits and timelines, m-learning community had to redesign learning, embracing the world as its learning environment. Adapting to such developments, which can also be envisaged as life-long learning skills, can remove formal and informal learning limits in the "mobile age" (McQuiggan, Kosturko, McQuiggan, & Sabourin, 2015). The advantages offered by m-learning, in fact, constitute its distinctive aspects from other distance-education applications.

Students of m-learning create a continuous meaning between location, time, and learning content through mobile devices connected to the wireless network, in accordance with their objectives. The portable feature of mobile personal devices makes them the most attractive way for students to process ideas and information that can be encountered by chance in long-term learning (Sharples, Arnedillo-Sánchez, Milrad, & Vavoula, 2009). For example, students learning a language can combine device mobility and the real world, learning the words they do not know through their smartphone applications while roaming the streets (Cohen & Ezra, 2018). Another feature emphasized in m-learning is that it is

personalized. With the help of adaptive technologies, the content is presented and updated according to the learning styles and contexts of the students (Song, Wong, & Looi, 2012). Unlike other distance education applications, mobile devices increase students' sense of ownership (Perry, 2003) and control (Laurillard, 2007). Finally, the feature of being situated means that students interact with real situations and produce meaningful information based on their own experience. Accordingly, concepts can be reformatted as they are used in new situations. In this way, knowledge develops as part of the culture, time, and context (Brown, Collins, & Duguid, 1989). Students can learn anywhere, anytime using m-learning tools, and they can discuss how their new knowledge can be used in real situations (Huang, Yang, Chiang, & Su, 2016).

We examined the following studies and created criteria by blending the headings: Hwang and Tsai (2011); Hung and Zhang (2012); Wu et al. (2012); Hwang and Wu (2014); Chee, Yahaya, İbrahim, and Hasan (2017); and Kavaklı and Yakın (2019). Within this framework, we aim to identify trends by examining articles on m-learning published from 2016 to 2019.

This work is important in terms of its contribution of current data to researchers working on m-learning. We analyzed the data on m-learning according to the following criteria: research models, sample sizes, sample levels, learning fields, subject area classifications, data collection tools, data analysis techniques, dependent variables, independent variables, mobile devices, number of authors, and publication years.

## Related Research

The following trend analysis studies are based on different databases, year ranges, and research problems. In this section we have examined these studies in detail.

Hwang and Tsai (2011) examined 154 articles published in six major The Social Sciences Citation Index (SSCI) journals between 2001 and 2010. They analyzed the articles in their study according to the sample group, learning field, and country identity. Their results showed a significant increase in the number of articles in the last 10 years and they observed that higher education students are the most frequently used research sample. Most of the articles did not focus on a specific learning field and investigated students' motivations, perceptions, and attitudes towards learning in all environments, along with orientations to the course (such as computer literacy or other skills necessary to take the course online or for a new subject area) for subject areas such as engineering, languages, arts, and science.

Hung and Zhang (2012) investigated the trends of m-learning in 144 articles published in five journals between 2003 and 2008. In general, they investigated the publication year, publication category, subject area classification, country, university, and journal identities. As a result, more studies were found on effectiveness, assessment, personalized systems, strategies, and frameworks within the scope of m-learning in the studies they examined.

In a study by Wu et al. (2012), the authors discussed 144 articles indexed by SSCI between 2003 and 2010. They analyzed m-learning studies around the number of citations, data collection tools, methods, sample groups, the results of the study, and the variables of mobile devices used. In the studies they examined, the survey was the most used data collection tool and experimental studies showed the majority. Also, most of the studies are focused on system design. The most commonly used tools in the studies were mobile phones and PDA. In addition, the most preferred working group has been primary and university students. Wu et al. (2012) examined the studies according to the number of citations. The most cited articles focused on the design of the m-learning system and the effectiveness of the system.

Hwang and Wu (2014) analyzed 214 publications on the use of mobile technologies in educational technologies in seven major SSCI journals published between 2008 and 2012. As a result of these examinations, they stated that m-learning was promising in improving students' learning success, motivation, and interests. In addition, it has been concluded that smartphones and tablets have been adopted as m-learning devices in recent years.

Chee et al. (2017) examined 144 articles published in six journals in the category of training technologies between 2010 and 2015. They analyzed the studies in the scope of research purpose, learning field, sample group, mobile devices, research design, training context (formal/informal), learning outcome (positive, negative, neutral), journal, country, and publisher.

In a content analysis study carried out by Sönmez, Göçmez, Uygun, and Ataizi (2018), the authors examined studies on m-learning conducted between 2013 and 2017. The study, which examined 11 articles published in English only, concluded that quantitative methods are preferred to other methods. In addition, the study reported that researchers focused on the topic of determining learners' views on m-learning more often than other topics.

Kavaklı and Yakın (2019) examined 37 studies on m-learning published in *Educational Technology Theory and Practice*, *Turkish Online Journal of Educational Technology*, and *Turkish Online Journal of Distance Education* between 2015 and 2018 and in the first quarter of 2019. They found that m-learning technologies, attitude, and perception were the most investigated subjects and that the majority of studies used quantitative research methods.

## Research Problem and Significance

In studies similar to this study in the literature, a maximum of 233 studies were analyzed. In this study, we have analyzed many more studies and conducted a more comprehensive analysis. We blended studies and brought together and put forward different variables and analyses.

In the research on m-learning published between 2016 and 2019, we examined the distribution according to the following 10 categories; (1) method; (2) sample size; (3) sample level; (4) learning field; (5) subject area; (6) data collection tool; (7) data analysis technique; (8) dependent variable; (9) independent variable; (10) used mobile devices.

## Limitations

The study was limited in terms of the database used in the selection of the analyzed articles, the year range of the analyzed articles (2016–2019), and the language of the analyzed articles. In addition, the analyzed articles prevent the generalization of the results of this study.

## Methodology

This study, we analyzed articles on m-learning between 2016 and 2019 according to the trend analysis method. We analyzed the data according to this method's descriptive analysis technique. This is a qualitative technique with the aim to present the findings in an organized and interpreted way (Yıldırım & Şimşek, 2018, p. 239). And we explained descriptions and discussed the cause-effect relationship.

Through research on m-learning, we found 1046 articles through the SCOPUS database and Google Scholar. We excluded 23 articles that were repeats, conference papers, or in a non-English language, and thus examined 1023 articles. In researching the articles, we used the keywords “mobile learning” and “m-learning.” Then, to determine the compatibility of the article, we randomly selected 35 articles by year to be examined and coded. We then created categories and then created an analysis table. We used a Kappa test to determine the compliance rate. The Kappa test measures the reliability of the agreement between categorical examinations by two or more coders (Kılıç, 2015). In our first coding study, the coefficient of fit between us was “.62”. Since this value is lower than .75 for Kappa, we came together to convince each other. As a result of the discussions, we revised each other’s studies within a week and conducted compliance testing. The compliance testing found a reliability coefficient of .82, thus reaching an ideal coefficient of concordance (Kılıç, 2015). After reaching the sufficient compatibility ratio, 35 articles were reduced from the total number of articles and the remaining “988” articles were distributed randomly by years among researchers, who coded them using the relevant categories tables. The codings were then brought together and the following findings were reached.

## Findings

We investigated the research models, sample size, sample level, learning field, subject area classification, data collection tool, data analysis method, dependent and independent variables, and distribution of the studies within the scope of m-learning.

### Research Model

We carried out descriptive analysis by analyzing the studies on m-learning according to their method. The classification in the research method is based on Göktaş, Küçük, Aydemir, Telli, Arpacık, Yıldırım and Reisoğlu (2012). If the feature being analyzed was not included in the classification, the study was defined as “others”; if it was not specified in the article, it was defined as “not specified”; if it was not suitable for classification, it was defined as “not available.” These definitions are used in all the tables. The distribution of the studies examined according to method is provided in Table 1.

Table 1

#### *Distribution of Studies by Method*

Model	Research design	f	%
Quantitative	Comparative	409	39.98
	Descriptive		
	Correlational		
	Quasi-experimental		
	Survey		
	Weak experimental		
	True experimental		
	Ex post facto		
Mixed	Single subject (group)	188	18.38
	Triangulation		
	Explanatory		
	Exploratory		

Literature review	Literature review Meta-analysis	133	13.00
Others	System development, design-based research, etc.	128	12.51
Qualitative	Case study Grounded theory Concept analysis Culture analysis Phenomenology	116	11.34
Not specified		49	4.79
Total		1023	100

Of the 1023 studies analyzed according to classification, 39.98% were quantitative, 18.38% were mixed, and 13% were literature review studies, including system development and design-based research studies. To summarize, the classification of the studies according to research method is provided in Figure 1.

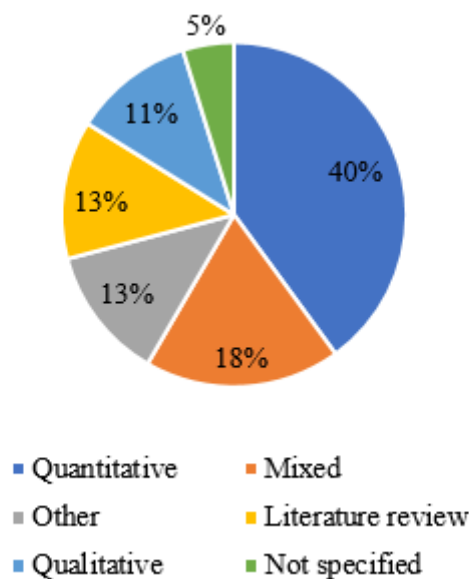


Figure 1. Distribution of studies by method.

An examination of the studies in which quantitative studies are predominant reveals that they use a questionnaire a data collection tool. Quantitative research in m-learning studies have focused on quantitative, mixed, and system development studies.

### Sample Size

We examined the sample sizes of the studies on m-learning and carried out descriptive analysis, using the sample-size classification of Göktaş et al. (2012) as a basis. We updated Table 2 based on the needs of the research. The distribution of studies according to sample size is provided in Table 2. Sample size

was between 31 and 100 in 27.57% of the studies, and between 101 and 300 in 20.14% of the studies. In 17.79% of the studies, the size could not be determined; these are classified as non-samples. In m-learning studies, the sample size was 31 and above, and studies without sample are more common.

Table 2

*Distribution of Studies by Sample Size*

Sample size	f	%
31–100	282	27.57
101–300	206	20.14
Non-sample study	182	17.79
301–1000	108	10.56
11–30	112	10.95
1–10	45	4.40
> = 1001	32	3.13
Not specified	56	5.47
Total	1023	100

Adapted from “Educational Technology Research Trends in Turkey: A Content Analysis of the 2000–2009 Decade,” by Göktaş et al., 2012, *Educational Sciences: Theory and Practice*, 12(1), p. 199. Copyright 2012 by the Educational Consultancy and Research Center.

### Sample Level

We carried out descriptive analysis of the sample levels in studies related to m-learning, basing the sample level classification on that of Göktaş et al. (2012). These categories have been taken as the basis of m-learning studies addressing wide ranks. In 42.60% of the studies, the sample level was higher education; and in 16.41% of the studies, the sample level was K–12 level. In 20.40% of the studies, the sample levels were not available. Most m-learning activities are aimed at students with a higher education (f = 449). The distribution of the studies according to their sample levels is given in Table 3.

Table 3

*Distribution of Studies by Sample Level*

Sample level	f	%
Higher education	449	42.60
K–12	173	16.41
Instructor	96	9.11
In-service/Employee	42	3.98
Other	30	2.85
Preschool	15	1.42
Parents	6	0.57
Not available	215	20.40
Not specified	28	2.66
Total	1054	100

### Learning Fields

We carried out descriptive analysis of m-learning studies related to learning fields, basing our classification of learning fields on OECD (2007). We found that 22.68% of the studies were in the field of social sciences, 18.18% in humanities, and 14.37% in natural sciences. Studies on m-learning are



mostly carried out in the social sciences. The distribution of the studies by learning fields is given in Table 4.

Table 4

*Distribution of Studies by Learning Fields*

Discipline	Sub-discipline	f	%
Social sciences	Psychology	232	22.68
	Economy and business		
	Educational sciences		
	Sociology		
	Law		
	Political science		
	Social and economic geography		
	Media and communication		
	other social sciences		
	History and archeology		
Humanities	Language and literature	186	18.18
	Philosophy, ethics, and religion		
	Art (art, art history, performing arts, music)		
	Other humanities		
	Mathematics		
	Computer and information sciences		
Natural sciences	Physical sciences	147	14.37
	Chemistry sciences		
	World and related environmental sciences		
	Biological sciences		
	Other natural sciences		
	Engineering (construction, electrical, electronics, knowledge)		
	Mechanical		
	Chemical		
	Materials		
	Medical		
Engineering and technology	Environment (environmental biotechnology)	122	11.93
	Industrial biotechnology		
	Nanotechnology		
	Other engineering and technologies		
	Basic medicine		
	Clinical medicine		
	Health sciences		
Medical and health	Health biotechnology	98	9.58
	Other medical sciences		
	A learning field outside the classification		
Others	Agriculture, forestry, and fisheries	38	3.71
	Animal and dairy science		
Agricultural sciences	Veterinary science	14	1.37
	Agricultural biotechnology		

	Other agricultural sciences		
Not available		103	10.07
Not specified		83	8.11
Total		1023	100

### Subject Area Classification

We analyzed studies on m-learning according to the subject-area classification of Drysdale, Graham, Spring and Halverson (2013). We updated Table 5 based on the needs of the research. As indicated in Table 5, the subject area in 32.66% of the studies was technology, and in 22.67% of the studies was learner outcomes.

Table 5

#### *Distribution of Studies by Subject Area Classification*

Domain	Subdomain	f	%
Technology	Usage and role; effect; type; application; and familiarity	340	32.66
Learner outcomes	Independence in performance outcomes; learner satisfaction; participation; effectiveness; motivation and effort; learning; and retention rates	236	22.67
Instructional design	Models, strategies, and best practices; design process; implementation; environment and course structure; and assessment tools	147	14.12
Disposition	Perceptions; attitudes; preferences; student expectations; and learning styles	123	11.82
Other	Benefits and challenges; access and availability; support system; time efficiency; the nature and role of blended learning; and international issues.	114	10.95
Comparison	Blended and face-to-face; and blended and online.	38	3.65
Interaction	Learner-instructor; general interaction; learner-learner; collaboration; community; and social being	27	2.59
Professional development	Professional development	15	1.44
Demographics	Learner and instructor	1	0.10
Total		1041	100

Adapted from “An Analysis of Research Trends in Dissertations and Theses Studying Blended Learning,” by Drysdale et al., 2013, *The Internet and Higher Education*, 17, p. 95. Copyright 2013 by Elsevier.

## Data Collection Tool

We analyzed the data collection tool in studies on m-learning according to the classification of Beissel-Durant (2004). We updated Table 6 based on the needs of the research. As seen in Table 6, 39.69% of the studies used a survey as a data collection tool.

Table 6

### *Distribution of Studies by Data Collection Tool*

Tool	Subcategory	f	%
Questionnaire	Question design; self-managed questionnaire; state survey; questionnaire design; question types; question statement; structure of questionnaire; preliminary questionnaire; Web-based questionnaire	429	39.69
Advanced technologies	Computer-aided data collection; grid technology; audio and video; data mining; e-social science approaches to data collection	134	12.40
Interview	Question design; qualitative and quantitative; telephone; face-to-face; focus groups/group, interview; computerized; standardized and non-standardized; interview practice; interviewer; interview procedure; interviewer training; responders; response records	123	11.38
Mixed	Combinations of two or more data collection tools	89	8.23
Observation	Field observation; field test; participant observation; laboratory observation	65	6.01
Self-administrative non-specified questioning	Question design; mail survey; e-mail survey; Web-based questionnaire; public opinion polls	32	2.96
Sample	Sample and survey designs; sample types (cluster sample; multiphase sample; etc.)	22	2.04
Use of administrative resources		18	1.67
Measurement	Measurement of attitude; behavior; ability; etc.	17	1.57
Visual methods		1	0.09
Not available		116	10.73
		35	3.24
Total		1081	100

Adapted from "A Typology of Research Methods Within the Social Sciences," by Beissel-Durant, 2004, NCRM Working Paper. (<http://eprints.ncrm.ac.uk/115/1/NCRMResearchMethodsTypology.pdf>). In the public domain.

## Data Analysis Technique

We examined data analysis techniques used in m-learning studies according to the classification of Karataş, Ozcan, Polat, Yilmaz, and Topuz (2014). We updated Table 7 based on the needs of the research. As Table 7 shows, after analyzing the distribution of studies according to data analysis techniques, we found that 22.28% of the studies used a descriptive technique.

Table 7

### *Distribution of Studies According to Data Analysis Technique*

Technique	f	%
Descriptive	281	22.28
t-Test	154	12.21
Content analysis	149	11.82
(M)ANOVA	112	8.88
Correlation	77	6.11
Other	53	4.20
Structural equation model	52	4.12
(M)ANCOVA	43	3.41
Chi-Square	30	2.38
Multiple regression	35	2.78
Factor analysis	22	1.74
z-Test	16	1.27
Not available	140	11.10
Not specified	97	7.69
Total	1261	100

Adapted from “Trends in Distance Education: Theories and Methods,” by Karataş et al., in , T.V. Yuzer and G. Eby (Eds.), *Handbook of research on emerging priorities and trends in distance education: Communication, pedagogy, and technology* (p. 141), 2014, Hershey, PA: Information Science Reference; IGI Global . Copyright 2014 by IGI Global.

## Dependent Variable

Descriptive analysis was carried out to determine (1) whether the studies covered within the scope of m-learning research include dependent variables and (2) the distribution of dependent variables frequently used in the studies. The classification of dependent variables is based on Karataş, Yılmaz, Dikmen, Ermiş, and Gürbüz (2017). We updated Table 8 based on the needs of the research.

As shown in Table 8, the most studied dependent variable was learning outcomes (20.24%). This was followed by studies categorized as not available (19.68%). Similarly, a high frequency rate was obtained from studies categorized as not specified (15.02%). The results of the analysis on the dependent variable are presented in Table 8.

Table 8

*Distribution of Studies According to Dependent Variable*

Dependent variable	f	%
Learning outcomes	252	20.24
Attitude	105	8.43
Motivation	65	5.22
Availability	60	4.82
Satisfaction	45	3.61
Students' views	41	3.29
Efficiency	28	2.25
Participants' views	23	1.85
Participation	19	1.53
Interaction	19	1.53
Cooperation	13	1.04
Instructor's performance	7	0.56
Readiness	5	0.40
Communication	4	0.32
Social readiness	3	0.24
Other	124	9.96
Not available	245	19.68
Not specified	187	15.02
<b>Total</b>	<b>1245</b>	<b>100</b>

Adapted from "Interaction in Distance Education Environments" by Karataş et al., 2017, *Quarterly Review of Distance Education*, 18(1), p. 63. Copyright 2017 by Information Age Publishing Inc.

### **Independent Variable**

We carried out descriptive analysis to reveal (1) whether the studies within the scope of m-learning research included independent variables and (2) the distribution of independent variables frequently used in the studies. The classification of independent variables is based on that of Karataş et al. (2017). We updated Table 9 based on the needs of the research.

As shown in Table 9, the most studied independent variable was the impact of the learning environment on dependent variables (35.71%). This was followed by the variable of gender (2.31%). This was followed by studies categorized as not available (24.54%). Similarly, a high frequency rate was obtained from studies categorized as not specified (18.09%) and other (7.60%). In addition, we found no studies analyzing the country variable in the data source used to classify the independent variables. The results of the analysis on the independent variable are presented in Table 9.

Table 9

*Distribution of Studies by Independent Variable*

Independent variable	f	%
Learning environment	371	35.71
Gender	24	2.31
Availability	21	2.02
Participants' views	21	2.02
Experience	17	1.64
Training method	13	1.25
Age	11	1.06
Class level	10	0.96
Satisfaction	9	0.87
Interaction	9	0.87
Participation	8	0.77
Academic achievement	3	0.29
Other	79	7.60
Not available	255	24.54
Not specified	188	18.09
Total	1039	100

Adapted from “Interaction in Distance Education Environments” by Karataş et al., 2017, *Quarterly Review of Distance Education*, 18(1), p. 63. Copyright 2017 by Information Age Publishing Inc.

### **Use of Mobile Devices**

We undertook a descriptive analysis to determine (1) whether the studies within the scope of m-learning research included any mobile devices and (2) the distribution of mobile devices frequently used in the studies. Mobile device classification was based on that of Chee et al. (2017). Table 10 indicates the distribution findings of mobile devices in primary studies. We updated Table 10 based on the needs of the research.

Table 10 shows that mobile phones were the most used mobile device (37.27%). Ordinary mobile phones (which have no smart features) showed up in a limited number of studies. We also included these devices in the mobile phone category. While the tablet (18.25%) was the second most widely used mobile device, we observed that studies that did not use any mobile device (evaluated in the category of not available) were in the majority (18.68%). The number of studies that do not specify the mobile device in their research reports is also high (17.38%). PDAs (0.87%) have been the least frequently used mobile devices in the investigated studies.

Table 10

*Distribution of Studies by Mobile Devices*

Device	f	%
Mobile phone	429	37.27
Tablet	210	18.25
Other mobile devices	87	7.56
Personal digital assistants	10	0.87
Not available	215	18.68
Not specified	200	17.38
Total	1151	100

Adapted from “Review of Mobile Learning Trends 2010-2015: A Meta-Analysis,” by Chee et al., 2017, *Journal of Educational Technology & Society*, 20(2), p. 121. Copyright 2017 by International Forum of Educational Technology and Society.

### Number of Authors

The grouping of the articles according to the number of authors is given in Figure 2. Figure 2 shows that 21% of the articles were single author, 29% had two authors, and 50% had three or more authors.

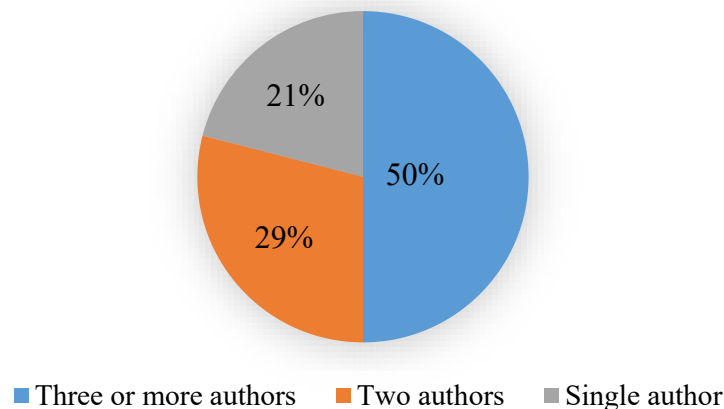


Figure 2. Distribution of studies by number of authors.

### Year of Publication

The chart in Figure 3 groups the articles according to the publication year. It shows that the rate of studies conducted in 2016 was 22.48% ( $f = 230$ ), the rate of studies conducted in 2017 was 21.40% ( $f = 219$ ), the rate of studies conducted in 2018 was 25.21% ( $f = 258$ ), and the rate of studies conducted in 2019 was 30.88% ( $f = 316$ ). In 2019, a slight increase was observed in the number of researches.

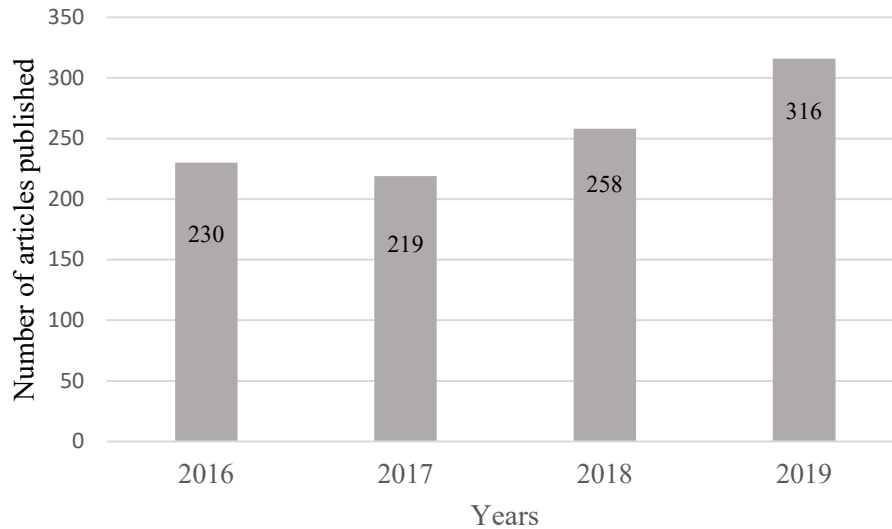


Figure 3. Distribution of studies by publication year.

## Discussion

The most used research model in the studies analyzed was the quantitative method. The most common dependent variable in the studies is learning outcomes. The quantitative studies we examined generally addressed the learning outcomes through pre-tests and post-tests. Wu et al.'s (2012) meta-analysis study, in which they examined trends in m-learning studies between 2003 and 2010, also concluded that quantitative studies were more preferred than qualitative studies. In some of the studies, we identified the links and trends between variables related to the sample. The most commonly used test technique (Orhan, 2018) in the articles was descriptive analysis (22.28%). When we review all the articles, the most-studied variables were learning outcomes (20.24%), attitude (8.43%) and motivation (5.22%). We investigated these variables using experimental design. Variable types examined in this direction may have affected this finding. With regard to these variables, quantitative estimates were preferred in the studies (Miyata & Kai, 2009). In the study by Zawacki-Richter, Bäckér, and Vogt (2009), which examined m-learning studies between 2000 and 2008, the authors found that quantitative studies were the majority. The study of Bozkurt et al. (2015), which examined dissertations between 1986 and 2014, concluded that the quantitative method was the most preferred. In other research on recent m-learning studies, the most preferred method found has been quantitative studies (Kavaklı & Yakın, 2019; Zengin, Şengel, & Özdemir, 2018; Chee et al., 2017).

When we analyzed the studies in terms of sample size, we found the most preferred size to be between 31 and 300. The literature (Kavaklı & Yakın, 2019; Korucu & Biçer, 2019), has found that most studies on m-learning have been carried out within this sample size. When the studies are analyzed in terms of sample level in this study, the most studies preferred a level of higher education. The study by Wu et al. (2012) found that the majority of studies that used the level focused on a higher education level. Similarly, Bozkurt et al. (2015) concluded that higher education students were the preferred level for samples. In other studies as well, the preferred sample level has been higher education (Açıkgül, 2019; Padmo, Idrus, & Ardiassih, 2019; Kavaklı & Yakın, 2019). Easier access to higher education students



may have caused this finding. In the context of higher education, the number of students in classes is over 30.

Learning fields of the studies differed. We found that 22.68% of the studies were in the field of social sciences, 18.18% in humanities, and 14.37% in natural sciences. We found that the studies are concentrated in the fields of social sciences and the humanities. Wu et al. (2012) also observed that social sciences and the humanities are the most studied learning field. Studies have been done in the field of education. Students' experiences and behaviors and learners' interactions with applications have been examined. These conclusions support our findings that social sciences and the humanities were the preferred fields.

Within the scope of this study, we examined the subject areas of the articles and determined that the majority of the studies were focused on technology. Sub-areas - such as the impact of tools and equipment, the role of these tools in learning, students' familiarity with the tools, especially in technology - were among the most discussed topics, which is similar to findings in Wu et al. (2012). In many studies, m-learning is integrated into education and used as a tool or for some specific purpose. In this case, our finding that the majority subject area is technology was expected.

We observed that the questionnaire was used to collect data in the clear majority of the articles within the scope of the study. This result supports studies carried out by Wu et al. (2012) and Chee et al. (2017). Data collection tools—such as question design, self-managed questionnaire, mail survey, question types, question statement, structure of the questionnaire, and Web-based questionnaire—are generally combined within the category of the questionnaire.

When we examined the data analysis techniques of the studies, we found that the descriptive analysis is the most used technique. We determined that studies whose second place is not expressed with data, statistical data are not needed and not available.

Learning outcomes include test results and end of the year degrees used in cognitive performance measurements, academic achievement, and knowledge acquisition. Similarly, the dependent variable, which was also handled by Lai (2020), showed a majority in academic achievement.

The determining factor among those affecting the choice of technological devices used in learning environments, besides suitability for the purpose and student needs, may be that they are the most widely used tools of their period. In this sense, literature reviews are very useful in revealing technology trends. Chee et al. (2017) also state that customer preferences in the mobile technology market affect the type of device selected to use in m-learning research. This study found that the most used mobile device type is the smartphone, and that tablets take second place. These results overlap with different study results in the literature (Baran, 2014; Chee et al., 2017; Crompton, Burke & Gregory, 2017; Hwang & Wu, 2014; Kaliisa & Picard, 2017; Wu et al., 2012). However, contrary to the results of our study showing PDAs to be the least preferred mobile devices, literature reviews have found that PDAs are the second most used mobile device (Crompton et al., 2017; Hwang & Wu, 2014; Wu et al., 2012). This difference may be due to the fact that the articles examined in this study are more current.

## Conclusion

Studies that reveal the effectiveness of a learning or teaching method often share their data on the results achieved by learners who use this method, such as success, attitude, and satisfaction. In particular, the primary aim of students that continue their education activities within the scope of formal education is to increase academic achievement. Within the scope of m-learning research, the literature indicates that the most discussed dependent variable in the studies is the learning outcome. The dimensions examined in the analyzed studies were effective in assisting the selection of the quantitative estimates for this study. There are few studies using qualitative methods to examine the behaviors of learners with m-learning. This study of m-learning issues forms an important reference for future research in m-learning by adding to the limited existing research.

## Suggestions

Regarding the distribution of the studies, recent and previous studies show similar findings to ours, evidence of the continuing trend in m-learning. However, the studies differ in research models, sample sizes, sample levels, learning field, data collection tools and techniques, and dependent and independent variables. On the other hand, we found that the studies in the field of m-learning are usually quantitative or are literature reviews. In future studies, the effectiveness, usability and message design of m-learning applications can be examined using qualitative methods. In addition, in the scope of mobile applications, the literature can be enriched with qualitative research that investigates metaphor studies and misconceptions.

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