My daughter Rita has Down syndrome and over the course of the pandemic has developed new skills in watercolour painting, mostly during virtual art classes. A book of her art was recently published by Second Story Press, to teach kids about inclusion through Rita’s art. The book is called, My Art, My World.¹

The painting is of a young nurse, inspired by a family member who is a Registered Nurse and is in the process of completing her nurse practitioner training. It is a watercolour painting with ink details.

For further info about Rita, please see https://www.ritawinkler.art/.

Reference