Comedy, Satire, Paradox, and the Plurality of Discourses in Cinquecento Italy: Introduction

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In early modern Italy, specifically in the sixteenth century, comedies, satirical works, and paradoxical verse and prose contributed to the rich and varied facets of Renaissance culture to such an extent that critical perspectives on the heterogeneous production of these most dissimulating of genres might result in broader interpretations than scholarship has so far acknowledged, not least because “popular theatre, particularly in rural areas, was resistant but undocumented.”1 The commedia erudita—the Italian vernacular comedy of the sixteenth century written in emulation and imitation of the two ancient Roman playwrights Plautus and Terence—was a genre in which Ariosto and Machiavelli excelled, but which never reached the same high status as the more classical genres of epic poetry and tragedy. The alleged “desolante uniformità del teatro comico del Cinquecento” (“dismaying uniformity of Cinquecento theatre”) and “the heavy hand of the Roman playwrights and theorists” were considered to have inhibited the natural comic spirit of the Italians, “leaving the best fruits of the comic tradition to be plucked by the more independent dramatists of Spain and England.”2 Satire, on the other hand, despite being a

classical genre (Roman *satura*), has been recognized since at least the late 1400s as above all “an attitude, a technique, and an ethical and moral code,” though it is precisely its development that enables us to get an enhanced understanding of the Italian comic tradition. Additionally, scant critical attention has been paid to Renaissance paradoxical texts: a genre perceived as “an apparently perverse literary form,” even though it rivalled the epigram and even the sonnet in popularity. Hence, if one considers the strength and diversity of the many Renaissance discourses of *serio ludere* (i.e., the humorous literature concealing serious meaning), as well as issues concerning the nature of audiences and the occasions that might have prompted the composition of the *commedia erudita*, then a reappraisal of the Italian comic genres of the Cinquecento may be inevitable so as to reassess the critical discourse on major and minor

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literary productions of the Italian Renaissance, in addition to the transgressive overtones of official comic fiction. In 1969, Paul F. Grendler’s book *Critics of the Italian World* paved the way in the English-speaking world for the re-evaluation of the “other side” of Italian Renaissance culture; however ideological, his book offered a rare opportunity for further investigation, which has borne only limited fruit so far. Much work has been carried out in Italy, France, and the Netherlands in recent years on the unorthodox culture of Renaissance Italy by Cinquecento Plurale, an international network of scholars dedicated to research on heterodox aspects of the Italian Renaissance that criticism has traditionally neglected. Their ongoing work on religious, political, artistic, and literary sixteenth-century heterodoxy highlights the width and variety of counter-discourses in Renaissance Italy, to the extent that Renaissance personalities and works that had been previously marginalized have now achieved prominent status in scholarly research. Not less significant to a more plural notion of early modern Italian theatre have been works conducted in the English-speaking world on female comic writers, as well as on issues relating to gender roles in the Italian stage, “feminine fatherhood,” patriarch masculinities, and family dramas of the urban middle class. The broader web of relations that anti-conformist Renaissance writers


put in place through the interaction between “low” and “high” culture, and between true and false transgression, does however encourage further research, so as to get a more in-depth understanding of the complexity of discourses of what Giancarlo Mazzacurati provocatively called the various Renaissances of sixteenth-century culture in Italy and Europe.\(^{10}\)

In 1991, in a memorial lecture to celebrate the work of the Italian art historian Eugenio Battisti, the scholar who in 1962 first coined the notion of *antirinascimento* (i.e., the counter-culture of Italian Renaissance), Umberto Eco famously claimed that Battisti’s notion of *antirinascimento* had become our reading of the Renaissance.\(^{11}\) We object to branding the complexity of Renaissance culture with such labels as *antirinascimento*, and have been keen to promote a wider and more nuanced sixteenth-century Italian culture. To this end, the nine essays presented in this volume look at selected comic and satirical texts in sixteenth-century Italy with the aim of investigating the plurality of discourses (aesthetic, linguistic, political, religious, sexual, and scientific) adopted by some of the most influential Italian Renaissance writers—specifically Machiavelli, Ariosto, and Aretino—and lesser-known yet equally thought-provoking authors: Niccolò Franco, Annibal Caro, Giovan Battista Della Porta, and the painter Agnolo Bronzino. Our nine essays will represent individual case studies that by no means are intended to characterize the whole of Renaissance comic discourses, as more consideration to women writers in the light of the plurality of discourses suggested here will certainly be needed.
in the near future. Nevertheless, independently of gender issues, we hope to demonstrate that in the Cinquecento, Italian comedies, satirical works, and paradoxical verse and prose developed discourses other than those of official courtesan literature.

In organizing the essays of our collection, we have followed a thematic approach, rather than a chronological one, acknowledging two broad areas in the interaction between comedic and comic discourse, on the one hand, and issues of self-fashioning and anti-Petrarchism, on the other. The diverse theatrical discourses in force in sixteenth-century Italy will start our volume with essays by Konrad Eisenbichler (“Sex and Marriage in Machiavelli’s *Mandragola*: A Close(t) Reading”), Daragh O’Connell (“Ariosto’s Astute Arrogance: The Construction of the Comic City in *La Lena*”), Ambra Moroncini (“Érasme, l’Arétin et Boccace dans l’invention du discours comique-burlesque d’Annibal Caro”), Enrica Maria Ferrara (“The Reception of Fernando de Roja’s *Celestina* in Italy: A Polyphonic Discourse”), and Eugenio Refini (“Bodily Passions: Physiognomy and Drama in Giovan Battista della Porta”).

In our first essay, Eisenbichler considers the *conquestio uxoris* in order to outline a new critical reading of Machiavelli’s play from the perspective of sex and gender studies. His examination reveals that, under the cover of entertainment and humour, Machiavelli was raising important questions about contemporary marriage patterns and sexual practices that ranged from the matter of a man’s “honour” to the topic of a woman’s “worth,” as well as from the difference in age between the spouses to the difference in their sexual interests.

Giovan Battista Giraldi Cinzio, a fellow-citizen and partisan of Ariosto, claimed that “laudable comedies are only those that imitate Ariosto’s ones.” The next article, by O’Connell, looks at *La Lena* to present new lines of investigation into one of the most accomplished examples of *commedia erudita*. Constituting both a textual and scenic overhauling of Plautine theatrical models, *La Lena* is an ideal text to explore both the interplay between tradition and innovation, and the stage and its audience. This essay brings to light Ariosto’s complex interplay of theatrical aspects with social satire and humanist, political, and ethical concerns.

The following essay, by Moroncini, considers Annibal Caro's burlesque prose, as well his only comedy _Gli Straccioni_ (The ragged brothers), in the climate of tense expectation in Rome for significant Church reform. The author argues that because of his courtly profession, not least his privileged position at the service of the Farnese family, Caro's religious beliefs never raised suspicion—even though, as her study will show, in the late 1530s Caro was actively involved in Rome in a _sodalitas_ with strong connections to heterodox figures. At the request of these _sodales_ he wrote paradoxical and enigmatic texts in which a Carnival context was used to conceal polemical comments against the corruption of the Roman Church. A not dissimilar discourse, Moroncini maintains, is pursued by Caro in the only comedy he wrote but never published and never allowed to be staged. Her essay explores likely conduits for Caro's discourse of _serio ludere_ by examining some parallels with the literary and religious discourses adopted by Erasmus, Aretino, and Boccaccio.

In our fourth essay, Ferrara considers the impact and reception in early modern Italy of Fernando de Roja's _Celestina_. By focusing on the hybrid genre of the play, which can be placed at the crossroads of comic and tragic genres, but also on the boundaries between narrative and theatrical modes of expression, Ferrara demonstrates that the successful reception of this text in sixteenth-century Italy and beyond is to be attributed to its attack on the hypocrisy of humanism and the pointlessness of Petrarchism.

Switching to a more scientific cultural perspective, our fifth essay, by Refini, explores the ways in which Della Porta's comic theatre interacts with the author's expertise in the field of physiognomy. By focusing on the rhetorical discussion of human passions, as well as on their theatrical representation, Refini shows how Della Porta challenges and reshapes the main assumptions relevant to physiognomy in order to make them fit with the comic mode.

Ugolini proposes a close reading of Ariosto’s self-fashioning in both his *Satire* and *Orlando Furioso*, with the aim of overcoming the traditional opposition between satire as the mode for honest speech and epic as the mode for courtly flattering. Composed during the most difficult years of Ludovico Ariosto’s relationship with the Este court, the satires are known for presenting a picture of their author as a simple, quiet-loving man (“Ludovico della tranquillità,” in Antonio Baldini’s definition), and also as a man who can speak only the truth (“esser non so se non verace,” according to Ariosto’s own statement in *Satira III*). However—as Ugolini points out—the self-portrait of the author as a man incapable of lying offered by the *Satire* stands in direct contrast to the depiction of all writers (and thus, implicitly, of the author as well) as liars, as presented by St. John in canto 35 of *Orlando Furioso*.

Ariosto’s elusive self-fashioning may be not too different from Aretino’s, as Marco Faini argues in his essay on Aretino’s pasquinesque mask, hence bridging the gap between two authors who have usually been read as opposites to each other. Here we learn that while Aretino has long been identified with Pasquino, and his pasquinesque poetry has been considered his distinctive feature, only a rather small number of pasquinades can be attributed to the “scourge of princes.” Nonetheless, Aretino let his name be associated with a number of pasquinades he had never written because he was attracted to Pasquino’s lack of identity. Aretino’s use of the genre of the *pasquinate*—Faini maintains—allowed him to shape his own identity without being trapped in the dominant dichotomies of his time, i.e., between courtliness and anti-courtliness or Petrarchism and anti-Petrarchism.

In line with the anti-Petrarchism vein in Renaissance comic discourses, Béhar’s essay focuses on the satirical work of one of the most ferocious “critics of the Italian world,” Niccolò Franco. Béhar argues that, although the extent to which Franco was indebted to Erasmus and Aretino is well known, more attention should be given to the Neapolitan background of Franco’s education (until 1536), which is essential to the understanding of his key text *Il Petrarchista*. Recalling some passages of Fabrizio Luna’s *Vocabulario* (1536) and especially of Benedetto Di Falco’s *Rimario* (1535), this essay demonstrates that Franco’s positions are rooted in satirical modes that were already in place in the Neapolitan tradition.

Finally, Chiummo’s essay deals with the burlesque connotations of the pictorial language in Agnolo Bronzino’s poetry. Through a critical analysis of Bronzino’s paradoxical capitoli and satirical sonnets, Chiummo sheds light on Bronzino’s use of well-known burlesque symbols and metaphors adopted by the painter-poet for a more serious and complex discourse on aesthetic issues.

The nine essays collected in this volume address issues of sexuality, readership, authorship, identity, and religious and political dissent, and highlight the interactions between various genres, styles, and fields, thereby demonstrating the extent to which a plurality of discourses was inherent to what we call “Renaissance culture.” Far from believing that we have assembled a complete picture of the plurality of comic and satirical discourses adopted in sixteenth-century Italy, we hope nonetheless to have brought to light significant research perspectives for further studies. We should like to warmly thank our contributors for their incredible enthusiasm in joining our project and bestow special thanks to Konrad Eisenbichler for the invaluable and generous attention he has given to our venture.