Dare to Draw: La Passion du dessin, By Sean B. Murphy, Foreword by Alex Colville, Visual Arts Centre/McClure Gallery, Printed in Canada, 120 pages

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Volume 53, numéro 215, supplément, été 2009

URI : https://id.erudit.org/iderudit/61891ac

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Éditeur(s)
La Société La Vie des Arts

ISSN
0042-5435 (imprimé)
1923-3183 (numérique)

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The English title of Sean B. Murphy's book, *Dare to Draw*, reads like a challenge, while its French version, *La passion du dessin*, speaks of vanishing obstacles and giving rein to one's calling. Somewhere in between lies the true story of Dr. Murphy's love affair with art.

A distinguished ophthalmologist, a respected patron of the arts and philanthropist, in his retirement Dr. Murphy has in a sense returned to his childhood, a childhood spent with artist parents, renowned printmakers Cecil Buller and John J.A. Murphy. Perhaps unconsciously, through a kind of osmosis, that early introduction to the bohemian, colourful, inquisitive lifestyle his parents embraced, the caliber of the artwork they produced, the art that surrounded him like air took root.

Independent of spirit, Sean B. Murphy charted his own path in life, one of equal fulfillment and service to society, but so very different from the abandon and endless horizon of an artist's vision.

It is actually not that unusual for people in Dr. Murphy's profession, men and women of medicine, to take up art in their later years, or at times, concurrently with their other careers. It fulfills an understandable need for something beyond structure, invisible even under the most powerful microscope, something that allows the hand to slip and still create beauty.

In his foreword to the book, the eminent Canadian painter Alex Colville addressed this connection, writing: "He once told me that all his teaching of eye surgery had to be done on a one-to-one scale - one pupil at a time. I think the teaching of art is on that scale - by necessity - so it is not surprising that he is so good at his profession - and at his hobby."

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Dr. Murphy's drawings and watercolours are closely linked with his many travels, serving as a second pair of eyes, and providing each time a unique set of memories, noted by hand rather than by the lens of a camera.

Thrilled with the pleasure, no, with the pure joy of drawing, Dr. Murphy is now sharing this passion with his readers, with a caveat, that the book is not one of instruction, but rather inspiration.

And so it is, filled with his delicate, unpretentious watercolours and drawings, images of strange lands and colourful landscapes, jewels of architecture, and simple huts, foreign cathedrals, and quiet pebbly beaches of Quebec...

The pictures are accompanied by text written with a large dose of humour in Dr. Murphy's gentle, no-nonsense style, as he invites the reader to partake in his adventure, without ever losing the magic of it all.

"You pack your sketch kit in your bag, grab your folding chair and head out in the early morning. It is particularly fun to go with a friend. You can each choose your spot, get lost for hours sketching, then reconvene to check each other's masterpieces. Just a slight shift of the chair one way or another and the entire scene and feeling of the land is transformed, especially as the light slowly moves from east to west, drastically changing shapes and hues and intensities of colour." (p. 65)

Although not meant to be didactic, *Dare to Draw* is, nevertheless, filled with useful information on drawing and watercolour techniques and the importance of a sketching kit. A chapter will help you find your personal style, but others will tell you the story of Dr. Murphy's own creative beginnings, as well as his sojourns in foreign places. It is a wonderful book for the summer, but not only.

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